



## Transitional Living Program for Youth(TLP)

Helping you prepare for independent living

**Are you a youth who is homeless or do you know someone who is?**

### If you're:

- Looking for a safe place to live
- 16 to 21 years of age
- Currently free of alcohol or drug addiction
- Have no recent history of violent behavior

### And are motivated to:

- Seek and find employment
- Complete your high school education, GED Program, or vocational training
- Get your life on track
- Learn the skills needed to live independently in the community

### Then TLP is for you.

For applications, contact the Intake Case Manager at 518.689.2129.

### We are here to help you with:

- Caring youth-centered assistance
- Supervised housing
- Case management services
- Guidance in developing independent living skills
- Referrals to counseling agencies and other community resources
- Individualized life plan
- Career and employment assistance
- Educational support
- Access to medical and dental care
- Follow-up assistance after discharge from program

### Other Equinox Services:

**Substance Abuse Counseling Center**  
500 Central Avenue  
Albany, NY 12206  
518.435.9931

**Domestic Violence Services**  
102 Hackett Blvd.  
Albany, NY 12209  
518.434.6135

**24-Hour DV Hotline**  
518.432.7865

**For more information about TLP or to request an application:**  
518.689.2129

**Main Equinox Office:**  
500 Central Avenue  
Albany, NY 12206  
Tel: 518.435.9931

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[www.equinoxinc.org](http://www.equinoxinc.org)

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